

INSIDE LINES

Village Edition - May 2025

FREE
To Homes &
Businesses - Every Month



www.insidelincs.co.uk | Call: 07856 376 061

REVIEWS and more - Inside | Advertising Rates From Just £22pm (NO VAT)

Welcome...



A very warm welcome to our May edition.

We understand it's difficult times at the moment, and what with the cost of living crisis, but of course it's all about continuity, and getting your name out there, so, if you wanted to try our magazines & booked 6 months - we will give you an extra month FREE - charge you for 6 months & get 7 Months!...payment can be made in two equal instalments - And there's NO VAT to pay.

Did you know, **ALL** advertising is Tax Deductible?

Our 2 publications are a credible alternative should you wish to get your name out to a wider audience, in different areas to where

your advertising at the moment - and Pound 4 pound, we're certain we won't be beaten... and as we promise, we will beat **ANY** like for like advertising quote.

We really do believe we can certainly help get your name "*Out there*" ... so to speak.... and perhaps some new enquiries, from a new audience, in different areas to where your advertising at the moment - from just £22pm (NO VAT).

Our advertising packages also includes free social media coverage on all our social media sites with over **10,000 followers**.

CONTENTS...

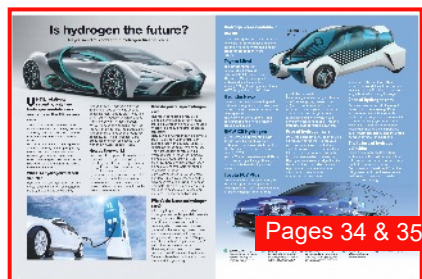
Sherri

Published by Inside Magazines.

4	Helping With Dementia Pt 2
10	ISAs - Explained
12	Recipe - Haddock Scotch Eggs
18	It Happened This Month
21	Geography Quiz
22	Campervan Tech
24 - 33	Home Improvements
36 - 38	Gardening
41	Horoscopes and much more....



Pages 6 & 7



Pages 34 & 35

ARTWORK DEADLINE: 19TH OF EACH MONTH

Telephone: 01522 394438

Mobile: 07856 376061

Email: sherri@insidelincs.co.uk

Web: www.insidelincs.co.uk

FOLLOW US ON



Copyright: No part of this publication may be reproduced, resold or stored in a retrieval system without the express permission of "Inside Lincs Magazine"

Adverts: When providing advertising copy, artwork or photographs from existing sources, it is our customers' responsibility to ensure that all the appropriate permissions regarding copyright have been obtained from the originator. Inside Lincs Magazine accepts no liability for copyright issues regarding adverts published in good faith.

New

FIND A TRADESMAN

CHECK OUT OUR NEW WEB SITE www.insidelincs.co.uk



Builders



Farm Shops



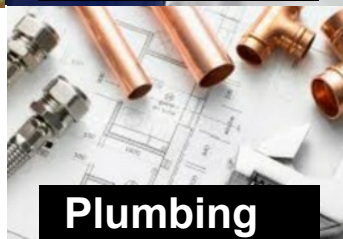
Decorators



Probate



Cleaners



Plumbing

IF YOU WOULD LIKE TO ADVERTISE YOUR BUSINESS, WHICH INCLUDES INSERTION ON OUR NEW "FIND A TRADESMAN... FAST"

CALL US ON: 07856 376 061 OR VISIT OUR NEW WEB SITE:

WWW.INSIDELINCS.CO.UK



**Frankish
Psychological
Services**

Promoting Independent Living



**Peggy's
Counselling**



Psychology & Assessments

All Referrals welcome including self referrals

NO LONG WAITING LIST

Official Diagnosis using the NICE guidelines & DSM5 criteria.

- Autism Assessments
- ADHD Assessments
- WISC assessments
- Therapy
- and more

Counselling and Psychology available:

Face to Face and Online therapy appointments available!!

- Person centered approaches
- A safe space to talk
- Supporting adults, children and families
- Mental Health Support
- Supervisions
- lots more to offer

☎ 01652 648335 **✉ admin@patfrankish.co.uk** **f** Frankish Psychological & Counselling services



Artemis House, 25 High Street, Kirton in Lindsey, DN21 4LX

Bring this Voucher with you to your first appointment to receive **20% off** your first therapy appointment.

Please note this offer is only available for therapy only, assessment fees apply.



'Peggy's Counselling' and 'Frankish Psychological Services' are trading names of Amara Care Limited.



Caring for someone with dementia

Part two

CARING for a loved one who is suffering with dementia can be extremely stressful and challenging - both the carer and the person with dementia will need support to cope with the symptoms and changes in behaviour.

Following on from last month's feature, here are more ways to help those affected.

Help with eating and drinking

Eating a healthy, well-balanced diet is an important part of a healthy lifestyle for everyone. People with dementia may not drink enough because they do not realise they're thirsty.

This puts them at risk of:

- urinary tract infections (UTIs)
- constipation
- headaches

These can lead to increased confusion and make the symptoms of dementia worse.

Common food-related problems include:

- not recognising foods
- forgetting what food and drink they like
- refusing or spitting out food
- asking for strange food combinations

These behaviours can be due to a range of reasons, such as confusion, pain in the mouth caused by sore gums or ill-fitting dentures, or

swallowing problems (dysphagia).

How you can help

Involve the person in preparing the meal if they're able to.

Try these tips to make mealtimes less stressful:

- set aside enough time for meals
- offer food you know they like, and in smaller portions
- be prepared for changes in food tastes – try stronger flavours or sweeter foods
- provide finger foods if the person struggles with cutlery
- offer fluids in a clear glass or coloured cup that's easy to hold

Help with washing and bathing

Some people with dementia can become anxious about personal hygiene and may need help with washing.

They may worry about:

- bath water being too deep

- the noisy rush of water from an overhead shower
- falling

How you can help

Washing is a personal, private activity, so try to be sensitive and respect the person's dignity.

Try these tips:

- ask the person how they'd prefer to be helped
- reassure the person you will not let them get hurt
- use a bath seat or handheld shower
- use shampoo, shower gel or soap the person prefers
- be prepared to stay with the person if they do not want you to leave them alone

Next month: More advice on helping a person with dementia.



Would you like an honest,
reliable and **AFFORDABLE**
police checked* cleaner
to clean your home?

Typically

£18.00 per hour
fully
inclusive.



Then contact us at



TIME FOR YOU

DOMESTIC CLEANING

Call Zara **TODAY!**

01522 251026

Email: lincolnshire@uk.timeforyou.cleaning
www.timeforyou.cleaning

£15 OFF*

Your first clean with
this advert - QUOTE TFY-AD1



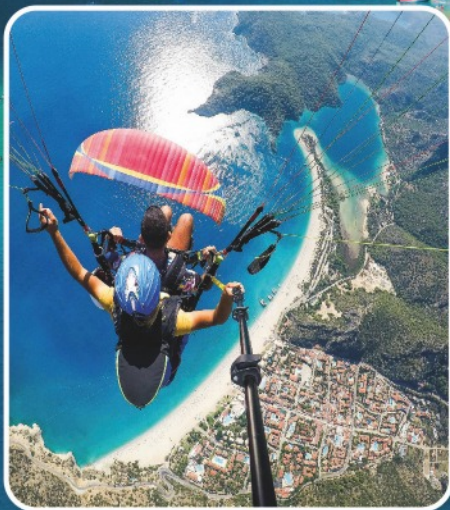
*police checked cleaner on request
All offers and promotions are subject to terms available on our website

Explore **FETHIYE** *The pearl of Turkey*

With its azure waters and verdant nature, Fethiye welcomes you to discover all of its abundant natural beauty and history.



Ölüdeniz blue lagoon Fethiye's famous Blue Lagoon is one of the most photographed bays in the country. The location combines mountains full of trees, and emerald waters. The seawater of Ölüdeniz is famous for its shades of turquoise and aquamarine, while its beach is an official Blue Flag beach.



Paragliding Paragliding is a fantastic way to see Fethiye and there are plenty of companies in the area offering it. It's a lot of fun, and you'll be able to see Fethiye from a totally different perspective. You too can fly as free as a bird in the clear blue skies above Fethiye!



Amyntas tomb The centrepiece of the group of tombs carved into the cliffs on the south side of town are the main remnants of ancient Telmessos. It was built around 350 BC for the Lycian noble Amyntas, son of Hermagios. You can see the exterior from outside, but you need to go in! The views of the city at sunset are stunning.



Kumbrunu beach Kumbrunu Beach is the stretch of sandbank that adjoins Ölüdeniz Beach and it's a great place for families. Spend a day here, try out some snorkelling and take pedalos and kayaks into the shallow waters. There are usually lifeguards on duty and restaurants and bars where you can go for a spot of lunch.

With little in the way of a current along an extensive coastline, it's an easy and safe way to help you learn the sport. Day and night dives as well as extensive training courses are organised.

Butterfly valley

Butterfly valley is a paradise that has been preserved amongst the high hills of Fethiye's Faralya village.

Butterfly valley is a magnificent bay with a waterfall cascading down from a height of 50 meters which is totally isolated from the world with its sandy, white beach - and it is home to more than 80 butterfly species.

To reach Butterfly Valley, you need to take a boat from Ölüdeniz. The voyage to Butterfly Valley takes around 20-30 minutes.

Trekking or hiking along the Lycian Way

The Lycian Way has a trading history lasting around three thousand years, and is regarded as one of the longest walking routes in the world.

You will feel nature's force further enhance your walk as some areas are located close to the sea and others are at a height of approximately 1700 meters.

People come from different countries from around the world come to take a stroll along this historic trail which begins at from Fethiye, Ölüdeniz and ends in Antalya.

For more information, visit: www.sundiabyliberty.com/en/discover-fethiye/

Underwater scuba diving

Explore the crystal clear blue waters off Fethiye's coastline by attempting an underwater dive.

completecare Dental Clinic **NOW OPEN AT 19, THE FORUM, NORTH HYKEHAM**
REGISTERING NEW PATIENTS

Approved by **Care Quality Commission**



DENTAL PLANS AVAILABLE FROM £16pm

Independent Dental Practice in North Hykeham, Lincoln

Complete Care dental clinic are an independent practice registering new patients - we are based on the forum in North Hykeham we offer all general dentistry, cosmetic, implants, dentures, tooth whitening and hygiene services - we are pleased to now offer implant retained dentures - And also Facial Aesthetics.

All ground floor disabled access

Saturday morning appointments available
Please Call 01522 688411

completecare **WWW.COMPLETECAREDENTAL.CO.UK**

Care Quality Commission Denplan

HEARING BETTER IS EASY

Free Hearing Tests - Competitive Prices

Why Choose Claire...

- Over 35 years experience
- Independent & impartial advice
- The latest hearing aids
- Exceptional aftercare
- 60 day trial on all hearing aids
- No GP referral required
- Home visits are available



Both daytime and evening appointments are available at the Lincoln Private Hospital.

To book an appointment with Claire, your local independent hearing aid consultant, please call on

01522 567 081 or 07947 637 474

EASY FREE PARKING

Claire Armitage, The Lincoln (Private) Hospital,
 Nettleham Road, Lincoln LN2 1QU

www.clairearmitage.co.uk

Email: clairearmitage.rhad@btinternet.com

Pay Less to get your Tax done.



Tax advisors in Lincoln

We get Tax done for less



Tel: 07854 644948
www.cwhtax.co.uk

the.ovencharmer

The Oven Charmer

THE OVENCHARMER
— PROFESSIONAL OVEN CLEANING —

PROFESSIONAL OVEN CLEANING
 Covering **Lincolnshire & Nottinghamshire**

- NO HARSH CHEMICALS
- ECO-FRIENDLY PRODUCTS
- NO MESS
- FAST & FRIENDLY SERVICE



CALL NOW TO GET BOOKED IN!

07716 273 320

info@theovencharmer.co.uk

Donate your preloved furniture



Your donations fund lifesaving research

To book a free collection, call your local BHF Lincoln Store
01522 848761 or book online



CHECK OUT OUR SISTER COMPANY. SERVICES INCLUDE....



**FRIENDLY &
PROFESSIONAL
SERVICE**

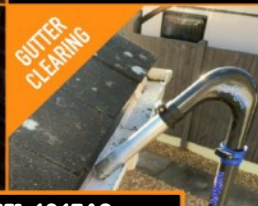
Find us on



- Roof Cleaning
- Pressure Washing
- Solar Panel Cleaning
- Gutter/Fascia Cleaning
- Gutter Clearing
- Conservatory Roofs

**PRESSURE
WASHING**
FROM
£150

**GUTTER
CLEARING**



**ROOF
CLEANING**
FROM
£550

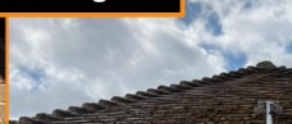
FROM THIS - TO THIS!

Call: 07751 686740
jpexteriorcleaning.com

FROM THIS - TO THIS!



**TREATED & RE-SANDED
MAKE YOUR DRIVE LOOK LIKE NEW!**



**ROOF SCRAPE - SOFTWASH
AND BIOCIDES APPLICATION**



ISAs explained



WHAT is an ISA?
Many people think ISAs are complicated, but ISAs are simply accounts for your savings that allow you to save tax-free.

There are 4 types of ISA:

- cash ISA;
- stocks and shares ISA;
- innovative finance ISA; and
- lifetime ISA.

The most popular type of ISA are cash ISAs.

What is a Cash ISA?

A cash ISA is similar to an ordinary savings account, except the interest you earn is tax-free.

There are two main types of cash ISA, a fixed rate, and variable rate.

– **Fixed rate cash ISAs** usually offer slightly higher rates than variable rate cash ISAs, but you can't withdraw your savings before the fixed term is up.

– **Variable rate cash ISAs**, typically called 'easy' or 'instant access' cash ISA's allow you to withdraw your money whenever you like, but the interest rate may increase or decrease at any time.

Who can open an ISA?

To apply for a cash ISA, you must be at least 16 years old and a resident in the UK for tax purposes.

A parent or legal guardian can also open a Junior ISA for a child under 18. But once they are 16 or over, the child can open one themselves.

How much can I pay into an ISA?

● Each tax year (6 April to 5 April the following year) there's a maximum amount of money you can put into ISAs which is set by the government, this is called the ISA allowance and currently the limit is £20,000.

● The ISA allowance applies to money that you are adding in to a cash ISA each year, so it doesn't include money that's already in your cash ISA from previous tax years, funds transferred from another ISA or any money you earn from investments in your ISA.

● You have until 23:59 on 5 April each year to add money to your ISAs, up to the ISA allowance limit. Be aware, if you don't use your full allowance during the tax year, you won't be able to carry any over.

What are the benefits of an ISA?

● You can open some ISAs with as little as £1.

● You pay no tax on the interest you earn.

● Your annual allowance renews each tax year.

● Some ISAs are flexible and allow you to make withdrawals and later pay back into the account during the same tax year and not affect your ISA allowance.

● Some ISAs have a fixed rate of interest, meaning you can take comfort know exactly how much interest you will earn.

● You can transfer money from one ISA to another.

I already have a Cash ISA from a previous tax year with another provider, can I transfer this to you?

You can transfer your cash ISA to a new provider at any time.

If it's money you have saved in previous tax years, then it won't impact your allowance - and you can transfer as much, or as little, as you want.

For instance, you could transfer £15,000 of cash ISA savings from a previous tax year into a new cash ISA and still add up to a further £20,000 in the current tax year.

Any current tax-year contributions must be transferred in full and you'll have a remaining allowance once the transfer is complete. However, there are a couple of things to bear in mind when transferring your ISA:

1. Firstly, you should never do it by withdrawing the money yourself. Always, speak to your new provider and complete a transfer form. Your new provider will then sort it all out, including contacting your current provider, and moving the money over for you.

2. Secondly, you can only add new savings into one cash ISA in a tax year. You may lose money if you close a fixed rate cash ISA before the end of its term so remember to check this with your existing ISA provider.

PAT COOK *FUNERAL SERVICES*

312 Newark Road North Hykeham LN6 8JX
Tel: 01522 243450



- Exclusive offer in our in-house service chapel.
- Now established in North Hykeham.
- Order of service **FREE**
- Visual tributes **FREE**
- Service of a qualified officiant **FREE**
- Music of your choice **FREE**

No time restrictions on services.

We offer this service seven days a week



For more info visit: www.patcookfuneralservices.co.uk

All this for just **£2,500**

*Terms and conditions apply

Mini smoked haddock scotch eggs

with asparagus dippers & watercress mayonnaise

Roll quail's eggs up in creamy smoked fish and potato for an impressive make-ahead weekend canapé or starter



Ingredients

- 16 asparagus spears, trimmed

For the scotch eggs

- 400g potato, cut into chunks
- 400g skinned smoked haddock, cut into large chunks
- 16 quail eggs
- 25g butter
- 2 tbsp milk
- 50g plain flour
- 2 eggs, beaten
- 100g breadcrumbs
- sunflower oil, for frying

For the watercress mayonnaise

- 100g bag watercress
- 1 tbsp lemon juice
- 150ml mayonnaise

Method

1 For the scotch eggs, tip the potatoes into a large pan and cover with water. Bring to the boil, then tip in the haddock and then the quail's eggs. Cook the eggs for exactly 2 mins, then remove them and cool under cold running water. Continue cooking the haddock until it flakes, and the potatoes until soft. Drain the fish and potatoes well, then mash with the butter and milk until you have a thick mash. Set aside to cool.

2 Meanwhile, peel the eggs. When everything is cool, pat out spoonfuls of mash mix and mould them around the eggs so that they are completely encased. Roll the covered eggs in the flour, then the beaten egg and finally the breadcrumbs. Chill for 1 hr to firm up, or overnight if you're assembling ahead.

3 For the watercress mayonnaise, blitz the watercress with the lemon juice until finely chopped, then stir through the mayonnaise. Blanch the asparagus for 4 mins, then drain under cold water. This can all be done a day in advance.

4 To serve, heat a good layer of sunflower oil in a frying pan. Fry the eggs until crisp on all sides, then drain on kitchen paper. Serve with the asparagus and watercress mayonnaise for dipping everything into.

Serves: 8
Prep: 25 min
Cook: 40 mins

Your hearing matters to us

- ✓ Earwax removal by Microsuction
- ✓ Free hearing tests
- ✓ Great value hearing aids
- ✓ Invisible hearing aids
- ✓ Free, easy parking
- ✓ Home visits now available

£10 off
earwax removal
in May 2025

Contact us:
01522 275060
info@bailgatehearing.co.uk

Find us at:
Greetwell Place, 2 Lime Kiln Way
Lincoln, LN2 4US
(Opposite County Hospital)

Book today: www.bailgatehearing.co.uk

- ✓ Friendly, local locksmith.
- ✓ Specialist in uPVC doors.
- ✓ No callout charge.
- ✓ No-obligation quotes.
- ✓ DBS checked & fully insured.



☎ 01522 253233 ☎ 07862 708715

Hykeham Carpets & Flooring

- ✓ LVT
- ✓ Laminate
- ✓ Vinyl
- ✓ Free Parking
- ✓ Expert Advice
- ✓ Free Measuring

We will bring samples to your home, so you can
View them in your rooms and lighting

We will uplift old carpets and
Move furniture, if required

With over 30 years experience

info@hykehamcarpets.co.uk
www.hykehamcarpets.co.uk

Unit 7 Hykeham Green Shopping Centre
Lincoln Road - North Hykeham - LN6 8NH

Call us today 01522 697 770



How long does it take a novice runner to be marathon-ready?

THE sight of those weary but triumphant runners crossing a marathon finish line: it's enough to inspire anyone to crack the trainers out of their box, and start pounding the pavement to emulate their achievements.

You'll see it in this year's Great North Run - which is a half-marathon - as well as the London Marathon. All of those runners will no doubt inspire others to get involved. So, how realistic is it for someone who, beyond school PE class, has never run in their lives, to be ready for a challenge of potentially 26-plus miles the following year?

According to the experts, it's entirely doable, and wouldn't take as long as you may think. But be prepared to put a lot of training hours in, and for the event itself to be one of the most challenging things you've ever done.

Six is the magic number

The London Marathon organisers put out a training plan for beginners on the official website, especially with so many runners entering to raise cash for a good cause, rather than build an impressive athletics CV.

If you're looking for a ballpark figure

for the time required to be route-ready, think at least six months.

The first four to eight weeks of that time should be spent running regularly to get yourself used to having an exercise routine. After that, a 17-week training programme exists, which is a mix of easy runs, break days, stretches, hill runs and fartlek runs (splitting your pace between slow and fast speeds).

While marathon training should be a challenge to a beginner, the organisers are keen to stress that it should never be overwhelming.

Listen to your doctor

Before anyone jumps off the sofa and prepares for a distance that could take a beginner more than five hours to complete, remember that your health is more important than anything.

The NHS has its own guide to taking up running from a standing (or sitting) start, and suggests building up to a 5k run rather than a marathon, although this could also act as a milestone on the way to completing a longer distance.

Build your mind as well as your body

The organisers behind the Great

North Run and other long-distance events also offer advice for first-time participants on their website. Their marathon training plan involves a 24-week schedule, but also advice on motivation and the mental preparation which is just as important as getting your body ready.

In an article on the Great Run website, sports scientist and former Olympic pentathlete Professor Greg Whyte says: "You are very unlikely to enter a run with the absolute belief that you will be successful. Whether your goal is to complete the distance, run a particular time or to win, it is only natural to possess some doubt.

"But see this as a positive thing - if success was a foregone conclusion it wouldn't be worth achieving! Unlike motivation, which can often be high when you start out, belief in your capabilities builds more progressively."

Have a long think. Weigh up the pros and cons. Would you rather tackle the Great North Run in September if a full marathon route feels too challenging?

If you're set on completing a marathon and 2025 sounds too ambitious, aim for 2026 or later. But if you do have that finish line in your sights - the very best of luck!



*I never **thought...***

I'd go to a cocktail party
until I moved to an OSJCT care home

Are you looking for compassionate residential, respite or day care?

At Ermine House we support all our residents, whether permanent or receiving respite, to retain independence, make their own choices and enjoy life to the full – while always providing them with the highest quality of care for their individual needs.

Want to find out more?

Call **01522 474 570** Visit **osjct.co.uk/erminehouse**

Ermine House, Laughton Way, Lincoln LN2 2EZ

The Orders of St John Care Trust is a not-for-profit charity. Registered charity No. 1048355. Registered in England and Wales with company no. 03073089. Registered office: Eyre Court, Whisby Way, Lincoln LN6 3LQ.

DT Roofing Services

- Fibreglass Flat Roofing
- Fascias & Gutters
- Tiled Roofs (renew or repair) • Chimney/Leadwork

**25 YEAR
GUARANTEE**

FREE guttering on all fascia replacement

M 07842 690963

E tebbdave1@gmail.com

**FIBRE GLASS
FLAT ROOFING
WITH A 25 YEAR
GUARANTEE!**



Design work including;

- Extensions / Alterations.
- Loft conversions.
- New build dwellings.
- Feasibility studies.
- Planning advice / guidance.
- Planning applications.
- Building regulations advice / guidance.
- Building regulations applications.

Free no obligation initial site visit to discuss your scheme and to provide advice on what Local Authority permissions may be needed.

Contact Rob: 07960 626518



SOLAR PANEL BIRD PROOFING

BOOK NOW

**Call us for a quote
07707727770**

Protecting solar panels from pigeons and other birds is important to ensure the panels efficiency and longevity. Pigeons may perch on or nest under solar panels, causing various issues such as damage, reduced sunlight exposure, and potential for bird droppings to accumulate.

www.pest-detective.com

Marston & Pask Fencing and Garden Services

What We Do:

- Tree Pruning and Removal.
- Hedge Trimming and Removal.
- Fencing.
- Garden Maintenance.

**Family Run Business
with over 40 Years Experience.**

Call: 01522 693214 - 07398 685528

DOG WALKING SERVICE'S

Call: 07940 927591



**I'm fully licensed; Fully insured
and totally trustworthy
Highly competitive rates**



FILMS

MAY'S PICKS



THUNDERBOLTS

In cinemas: May 2, 2025

Director: Jake Schreier **Starring:** Lewis Pullman, Florence Pugh, Hannah John-Kamen

After finding themselves ensnared in a death trap, an unconventional team of antiheroes must embark on a dangerous mission that will force them to confront the darkest corners of their pasts.



MISSION: IMPOSSIBLE – THE FINAL RECKONING

In cinemas: May 21, 2025 **Director:** Christopher McQuarrie **Starring:** Ben Affleck, John Bernthal, J.K. Simmons

Ethan Hunt and the IMF team must track down a terrifying new weapon that threatens all of humanity if it falls into the wrong hands. With control of the future and the fate of the world at stake, a deadly race around the globe begins.

LILO & STITCH

In cinemas: May 23, 2025

Director: Dean Fleischer Camp

Lilo & Stitch is the wildly funny and touching story of a lonely Hawaiian girl and the fugitive alien who helps to mend her broken family.

Maia Kealoha stars as Lilo, with Sydney Agudong starring as her big sister, Nani, and Chris Sanders as the voice of Stitch in this sweet tale of family, forgiveness, and new beginnings.



THIS MONTH...

...in 1943

The Dambusters raid

Operation Chastise, commonly known as the Dambusters Raid, was an attack on German dams carried out on the night of 16/17 May 1943 by 617 Squadron RAF Bomber Command, later called the Dam Busters, using special bouncing bombs developed by Barnes Wallis.

The Möhne and Edersee dams were breached, causing catastrophic flooding of the Ruhr valley and of villages in the Eder valley; the Sorpe Dam sustained only minor



damage.

Two hydroelectric power stations were destroyed and several more damaged. Factories and mines were also damaged and destroyed. An estimated 1,600 civilians - about 600 Germans and 1,000 slave labourers, mainly Soviet - were killed by the flooding. Despite rapid repairs by the Germans, production did not return to normal until September.

...in 2011 Bin Laden killed

On May 2, 2011, the United States conducted Operation Neptune Spear, in which SEAL Team Six shot and killed

Osama bin Laden at his "Waziristan Haveli" in Abbottabad, Pakistan.

Bin Laden, who founded al-Qaeda and masterminded the September 11 attacks, had been the subject of a United States military manhunt since the beginning of the war in Afghanistan, but escaped to Pakistan - allegedly with Pakistani support - during or after the Battle of Tora Bora in December 2001.

Approved by American president Barack Obama and involving two dozen Navy SEALs in two Black Hawks, Operation Neptune Spear was launched from about 120 miles away, near the Afghan city of Jalalabad.

The raid took 40 minutes, and bin Laden was killed shortly before 1:00 a.m. Pakistan Standard Time.

After the raid, the operatives returned to Afghanistan with bin Laden's corpse for identification and then flew over 850 miles (1,370 km) to the Arabian Sea, where he was buried in accordance with Islamic tradition.

The Washington Post

'JUSTICE HAS BEEN DONE' U.S. forces kill Osama bin Laden

PRIVILEGED SON
BECAME THE
GLOBAL FACE
OF TERRORISM



TEAM ATTACKED
COMPOUND IN
PAKISTAN WHERE
HE WAS HIDING

By Bruce W. Wilson
and Steve Weber

Osama bin Laden has been killed in a U.S. operation in Pakistan. President Obama announced the killing of the al-Qaida leader, the most significant achievement in the war on terror.

Reporting from the East Coast, where bin Laden was killed, the White House said the operation was a "precision strike" that took place in the early morning hours of May 2. Bin Laden was shot by Navy SEALs in a compound in Abbottabad, Pakistan.

Transform Your Kitchen

save
£250
with this advert



Before



After

Why Replace Your Kitchen When
You Can Simply Replace The Doors?



100s OF STYLES AND COLOUR COMBINATIONS AVAILABLE

(Plinth, Panels & Worktops Also Available)

Call us for a FREE quotation

01522 458 141

www.kitchenmakeovers.co.uk

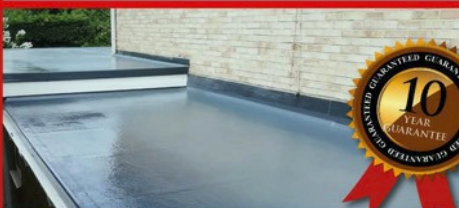




Kingston Roofline is a local family run business
with over 25 years experience in the roofing industry

- Roof Repairs
- New Roofs
- Pitched Roofing
- Fibreglass Roofing
- Fascias/Soffits
- Guttering
- Rubber Roofs
- Flat Roofing
- Dry Ridge
- Dry Verge

1 MILLION POUND LIABILITY INSURANCE



- ✓ 10 YEAR GUARANTEE
- ✓ NO DEPOSIT REQUIRED
- ✓ PAYMENT ON COMPLETION

Tel:

01522 717551

Mob:

07486 929377

Email:

info@kingstonroofline.co.uk

Web:

www.kingstonroofline.co.uk

Checkatrade.com
Where reputation matters

Google Find us on

SCAN FOR MORE
INFORMATION



NETTLEHAM BLOCKPAVING & FENCING

- Block Paving
 - ✓ Driveways
 - ✓ Patios
 - ✓ Footways
- All Types of Fencing
- Shallow Drainage
- Kerb & Concrete Edgings
- Gravel Drives
- Hard Landscaping



Call Alan Ward For a FREE Estimate

Tel: 01522 807665

Mob: 07733 366509

J. Roach Roofing Services

All types of roof repairs.
No job too small.

Call *Jim Roach* on:
01472 399 405 or 07930 641 008

- | | |
|-----------------|------------------------|
| New roofs | Gutters |
| Flat felt roofs | Down pipes |
| UPVC fascias | Pointing ridges/stacks |
| Soffits | Lead work |

**Specialists in Over Cladding
Asbestos Roofs**



Geography Quiz

How good is your knowledge of world geography? Now's the time to find out...

1 Where would you be if you were standing on the Spanish Steps?

2 In which country would you find Mount Kilimanjaro?

3 What is the largest Spanish-speaking city in the world?

4 Which country has the most islands?

5 In Australia, what is commonly known as a bottle-o?

6 In which U.S. state is the country's busiest airport located?

7 Which mountain range separates Europe and Asia?

8 Which is the only continent with land in all four



hemispheres?

9 Which river flows through the Grand Canyon?

10 Where is Angel Falls, the world's largest waterfall, located?

11 What is the state capital of New York?

12 On which continent

would you find the world's largest desert?

13 What is the smallest U.S. state by area?

14 In what country is the Chernobyl nuclear plant located?

15 What is the tallest type of tree?

16 True or false: Holland is a region in The Netherlands?

17 What are the United States' five Great Lakes?

18 How many European capitals does the Danube flow through?

19 In what capital would you find The Little Mermaid statue?

20 How many stars are on the Chinese flag?

ANSWERS ON PAGE 39



CAMPERVAN TECH

Here's some kit to help you survive in your four-wheeled haven.

PRIMUS ULTI STOVE SYSTEM 1.0 £315

You're out in the wilds. It's windy and rainy... and your stove won't light. You're not alone, of course - this happens on a regular basis at campsites up and down the UK.

So, enter the Primus Ulti Stove System. It's a wind-resistant portable cooker that's designed for all-weather reliability.

This is a complete cooking system; everything packs up into the same pot, with silicon 'handles' so you don't need to touch the hot stuff. The Ulti doesn't have an open flame, so there's nothing to blow out, even in extreme conditions.

It outputs 3,000W of heat through 'catalytic combustion' and 'infrared radiation', with super-fast boiling times.



BLUETTI AC180 PORTABLE POWER STATION £1248

Super-fast charging speed and true portability make this a grab-and-go power station that will keep you fuelled up for life on the go and off the grid.

Designed for indoor and outdoor use, the AC180 has a capacity of 1152 Wh and a continuous output of 1800 W, which will cover most charging demands.



STARLINK MINI £399

Some people are struggling to get Wi-Fi in their house - and that doesn't even account for those who travel, camp, glam and all the rest.

So what's the solution? Wi-Fi from a satellite 350 miles up, flying at 17,000mph of course.

The Starlink Mini is a small box that you point skywards for instant Wi-Fi, and at less than 30cm square, it's both satellite dish and router. You can strap it to the top of your van, outside a caravan or even on top of a backback.

Speeds average between 100Mbps and 200Mbps - mind-boggling if you're in the middle of nowhere!

FREE HEARING TEST

Hear the little things in life
with the latest comfortable & invisible aids

CLAIM YOUR
SPECIAL
HEARING AID
DISCOUNT*
quote ref
ILIN

Helping people to hear since 1936

- ✓ Free aftercare
- ✓ Rechargeable options
- ✓ Trusted for years
- ✓ Free parking
- ✓ Discreet tech
- ✓ Wax removal service

 **SOUND ADVICE**
hearing centre

Trouble hearing? Then contact us today!

12 Grantham Rd, Bracebridge Heath
Lincoln LN4 2LD

t: **01522 686114**

7 Church Lane, Horncastle
Lincolnshire LN9 5HW

t: **01507 524244**

www.soundadvicehearing.co.uk



Small bathroom ideas

Make the most of a compact space with these savvy tips

If your bathroom is modest in size, there's no need to compromise on aesthetics

While there are some limitations design-wise, small bathrooms can still be spectacular by making the most of the space you have with clever storage, layout, and use of colour.

Go for a neutral scheme

A neutral scheme is one of the most effective ways to enhance the sense of space in a small bathroom - just make sure to pick the right shades. With new neutrals such as linen and mushroom sparking new inspiration for pared-back interiors, it's the perfect time to create a spa-inspired scheme. The secret to making it look more interesting is to layer different textures - for example, try limewash paint walls and contrast with light-reflecting tiles and light fixtures.

Side with a shower bath

The choice of shower that you decide on can be partly dictated by the space and shape of your bathroom. If space is limited, having a shower

over the bath is a practical way of ensuring you can still have both, which can be important in a family



bathroom. Specially designed baths (L or P shaped so that they provide a larger area when showering) can work very well in this case.

Make the most of window ledges

You'll need to get creative when it comes to finding bathroom storage

ideas in a small space. Whether you want a spot to store storage boxes or decorate with a potted plant, a window ledge will be perfect.

Utilise space in a small bathroom is to use the foundations of the room in your favour. So make the most of a ledge next to a bath or window to place accessories or plants.

Work in a wet room

A stylish wet room idea can make the most of a small space and add value to your property. If you're converting an attic, consider a wet room instead of a bathroom. It's a great way to make the most out of a small space and when it's beautifully finished, it's stunning.

When it comes to showers, a separate shower can often be considered a luxury if space is tight. However, there are a couple of clever ways around it including wet rooms and folding shower screens that take up much less room than a typical shower. Wet rooms tend to not need enclosures or bulky shower trays and can blend into the aesthetics of the rest of the room.

Design Supply Install

- Walk in showers
- Walk in baths
- Wetrooms
- Fitted bedrooms
- Fitted offices
- Fitted kitchens

To suit all budgets!

NO VAT
on bathrooms for
clients with
a disability

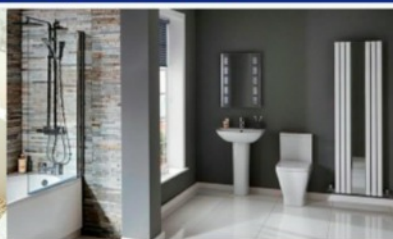
FREE planning &
design service!



We use Samsung integrated appliances!



Style Bathroom and Kitchen Specialists



Visit our showroom today:

173a Burton Road,
Lincoln LN1 3LW

T: 01522 527904

🔍 bathrooms-by-style.co.uk

✉ stylebathroomslincoln@gmail.com

Open: Mon - Fri: 9am- 5pm Sat: 10am- 4pm

GARDEN CARE FOR YOU

- ✓ Grass cuts
- ✓ Hedge Trimming
- ✓ Spring tidy up
- ✓ Garden maintenance

📞 **CALL NOW**
07940927591

THE SMALL JOBS COMPANY

NO JOB TOO SMALL

- PLUMBING
- DECKING
- MADE TO MEASURE BLINDS
- BATHROOMS
- KITCHENS
- OUTSIDE BUILDINGS
- CCTV / HOME SECURITY
- SMALL ELECTRICAL WORK
- FURNITURE BUILDING
- GARAGE CONVERSIONS
- WOOD WORK / JOINERY
- FLOORING
- TILING
- EMERGENCY
CALL OUTS



**FREE
NO
OBLIGATION
QUOTES**

Please telephone
Mike on

07432 870012

or Paul on

07494 532695

www.smalljobscompany.co.uk



**ADVERTISE
HERE** (£22.00 PM
NO VAT)

**If You're reading this, so are
your potential customers !**

CALL 01522 394438 TO BOOK TODAY

ODD JOBS • GOOD JOBS • ALL JOBS • SMALL JOBS

FLAT ROOFING SOLUTIONS



WE OFFER:

- ▶ A 25 Year Guarantee
- ▶ Commercial or Residential
- ▶ New Roof or Re-board
- ▶ UPVC Fascia & Guttering
- ▶ High Quality
- ▶ Friendly & Professional
- ▶ Competitive Prices



We are a family business with over 40 years combined experience in Fibreglass manufacturing & pride ourselves on providing a friendly, reliable & professional service to all our customers



Call **TODAY** on:

01522 500711 or 07828 296 829

E: candcfibreglass@outlook.com or visit us at: www.candcfibreglass.co.uk



TIME TO RECLAIM YOUR LOFT SPACE



We are specialists in loft ladders and hatches for easy and safe access to your loft. We also provide boarding, lighting and insulation solutions. This 'Spring Clean' time we can help you turn your lost space into really useful loft space.



WHAT MAKES US DIFFERENT

- No waiting around. We arrive on time, every time
- Lifetime Guarantee
- Reliable, local company working in your home
- Extra confidence because we are accredited by Which? Trusted Traders
- Absolutely no mess and no fuss



Call Matt to book a FREE survey & quotation WWW.ACCESS4LOFTS.CO.UK

01522 418202



H&L

GARDEN MAINTENANCE



- Patios • Paths • Driveways • Fencing • Gates
- Decking • Pergolas • Turfing • Artificial grass
- Timber framed structures • Raised beds
- Decorative aggregates

Environment agency registered waste carrier, fully insured, all work guaranteed

For a free no obligation quote, contact Mike on 01522 398942 or 07827 389334
LandscapePro1978@outlook.com



Follow us on instagram

GGS

Gumsley Gas Services



Friendly and local domestic plumbing and heating engineer

Tel: 07986 969754

- Boiler service and repair
- Boiler installation and system upgrades
- 10% off for OAP / Blue light card
- Smart thermostat installation
- General plumbing works
- Gas safety certificates

Email: ggs.jared@gmail.com

Reference
Inside Lincs
for a discount

LISTERS

TIMBER & BUILDERS MERCHANTS



Timber • Fencing • Decking • Aggregates • Gates
Sheet Materials • Paving • Roofing

71 High Street, Newton-On-Trent, 01522 888784 /
 Lincoln, LN1 2JP 01777 228219

Order online at
listerstimber.co.uk



Domestic & Commercial

Over 30 Years Experience
 British Gas Approved Contractor

All aspects of plumbing and heating work includ-



Call Ian for a FREE no obligation quote
On: 07968 259388 / 01522 801730

DOMESTIC • COMMERCIAL • INDUSTRIAL



PROPERTY SERVICES & MAINTENANCE

THE ONLY NUMBER YOU WILL EVER NEED

Established over 30 years

- Garage Conversions
- UPVC Windows, Doors,
- Fascias & Soffits
- Kitchens, Bathrooms & Wet Rooms
- Joinery
- Ceramic Tiling
- Plumbing
- Electrical
- Guttering
- Drainage
- Fencing
- Disabled Needs - Steps, Ramps, Handrails



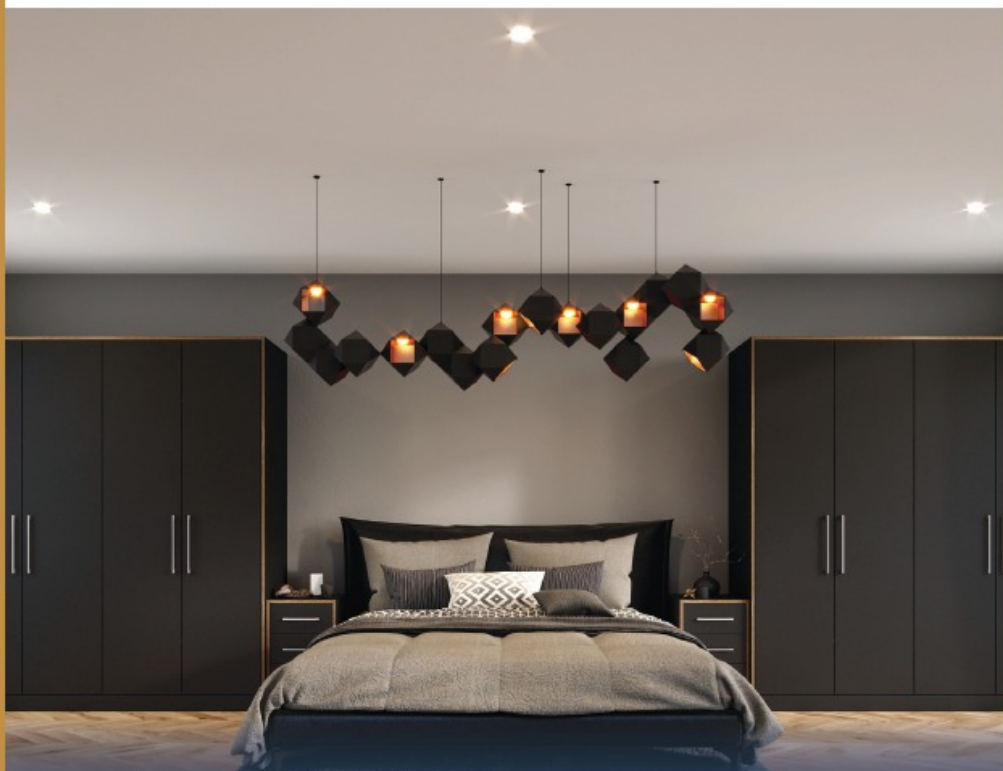
Preferred Trader

**For Your FREE Quotation & Advice,
 Please Call John Morris**

01522 853192 / 07976 283852

John.morris.property@ntlworld.com

Lincoln's Premier Fitted Furniture Company



robes n rails

Give us a call for more info about our **fitted bedrooms range**, including under stairs storage, sliding door wardrobes and home studies



Scan to visit
our website

www.robessandrails.co.uk

☎ 01522 692 132

📍 Whisby Road, Lincoln, LN6 3QT

DPP PLUMBING SERVICES

Family run business, no job too small, call us for:

- Tap repairs and replacement
- Leaks, Bathroom refits
- Drainage Problems
- Soil stack replacement
- Specialist in power flushing

Outside taps and many more jobs

Contact us

Mob: 07748 122137

Email: dppplumbing@hotmail.com

Antony Dobson Joinery & Building.

- ✓ EXTENSIONS & ALTERATIONS
- ✓ FITTED KITCHENS
- ✓ INTERNAL DOORS
- ✓ PATIOS
- ✓ DRIVEWAYS
- ✓ UPVC DOORS & WINDOWS
- ✓ SKIRTING AND ARCHITRAVE

CALL FOR A FREE QUOTE ON:

07867 531 829



neil palmer electrical

Domestic & Commercial Electrics

- New Installations
- Alterations
- Garden & Security Lighting
- EV Charge Points
- Garage/Shed Supplies
- Fault Finding
- Landlord Electrical Safety Checks

Call now for a FREE quote

TEL: 07786 626114

Email: neil@neilpalmerelectrical.co.uk

www.neilpalmerelectrical.co.uk

JIB Registered Approved Electrician BS7671 2018

**Lincoln based
Fully qualified
with over 25 years
experience
specialising in the
Domestic &
Commercial
Sectors**



unique

Home Improvements



- PVCu & Aluminium Windows
- PVCu & Composite Doors
- Bi Folding Doors
- Conservatories
- Kitchens & Bathrooms
- Warm Roof Systems
- Roofline
- Care & Repair Services

Get in touch for a FREE quotation ☎ **01522 531277**

✉ info@uniqueplastics.ltd.uk 🌐 www.uniqueplastics.ltd.uk



Your Choice • Your Design • Your Unique Package

Your conservatory... **Is it too cold in winter?** **And too hot in summer?**



Conservatoryroofs365 have the solution!
Use your conservatory all year round...
Our internal roofing insulation system is also available
leaving your existing roof in place.
Call **Conservatoryroofs365** for your FREE quotation and
look forward to using your conservatory all year round!

Call: 01522 753693
or: 07887 501115

www.conservatoryroofs.net

Have your kitchen doors, drawers and furniture sprayed in any colour, using kitchen grade durable lacquer for a new look

Go to our website - click on View Our Prices for an idea of cost or give us a call



GIVE YOUR EXISTING KITCHEN A NEW LEASE OF LIFE...

A NEW LOOK KITCHEN AT A FRACTION OF THE COST



Gallant Restorations

Contact us on **01427 668080** | **07971 422159**

paula@restorers.org.uk | **www.restorers.org.uk**

10E Gibson Road, Hemswell Cliff, Lincolnshire DN21 5TL

MARRIOTT SKIP HIRE



Hire a skip with Marriott Skip Hire...

■ Mini, midi, medium & maxi skips available

■ Prompt and reliable service ■ Local skip hire, competitive rates

■ Evening & weekend delivery & collections

Call today on 07899 985137 or 01673 828641

Is hydrogen the future?

All you need to know about hydrogen fuel cell cars



UNTIL relatively recently, only two hydrogen models were available in the UK as new cars.

...but make no mistake: hydrogen fuel cell vehicles are slowly emerging and they could yet become a viable option for some use cases in the future.

But what actually is a hydrogen car and how do they stack up to petrol, diesel and electric vehicles? We have all you need to know right here, including the pros and cons of hydrogen cars, and what the future looks like for them.

What is a hydrogen fuel cell vehicle?

Hydrogen cars, or hydrogen fuel cell electric vehicles (often shortened to FCEV), are vehicles powered by

hydrogen fuel. Hydrogen is stored in a tank at 700 bar and is used to generate high-voltage electricity to a small buffer battery, which provides transient power for acceleration. While many people tout hydrogen as the fuel of the future, the truth is that hydrogen cars have been around for decades. In 1998, Mercedes-Benz produced the first road-legal FCEV with the A-Class-based Necar.

How do they work?

Cars draw their power from a fuel cell stack, where oxygen and hydrogen react to generate electricity, sending energy to an electric motor, driving much like an electric car.

Hydrogen cars produce zero harmful emissions at the tailpipe, making them a much cleaner proposition petrol or diesel cars, at least from the driver's point of view.

How do you fill up a hydrogen car?

Hydrogen cars can be refuelled using a pump at a hydrogen filling station. Hydrogen filling stations look much like a regular petrol or diesel forecourt.

Refuelling a hydrogen car is a simple task - just open up the fuel filler cap and insert the pump. Typically, refuelling takes about five minutes. The hardest part of refuelling a hydrogen car in the UK is finding a filling station. According to UK H2 Mobility, there are just six hydrogen filling stations available for public motorists in the UK.

Some are situated in Hatton Cross, London, Tullis in Aberdeen and the Advanced Manufacturing Park near Sheffield. There are plans for filling stations to be installed in Stockton-on-Tees, Glasgow and Newport.

What's the latest on hydrogen cars?

A lot is going on in the world of hydrogen cars, with Hyundai currently setting the pace. The Korean car brand recently revealed the Niro concept, which previews the next-generation hydrogen-powered Nexo and its modern design. It takes a single electric motor with 201bhp - and Hyundai is aiming for a range of 404 miles between top-ups. However, it's unclear if it will ever come to the UK, considering that just 50 Nexos have been sold since it was launched five years ago.



Hydrogen cars available in the UK

A few hydrogen cars are available as new cars in the UK today and some car makers have hydrogen in their plans for production in the future.

Toyota Mirai

The Toyota Mirai first appeared in 2015 and achieved 10,000 global sales. The latest Mirai is equipped with a fuel stack capable of storing 5.6kg of hydrogen and has a WLTP range of up to 400 miles.

Hyundai Nexo

Hyundai has been developing fuel cell technology since the 1990s, and the Nexo is the firm's first production hydrogen car.

The Nexo can store up to 6.33kg of hydrogen and offers a range of around 380 miles.

BMW iX5 Hydrogen

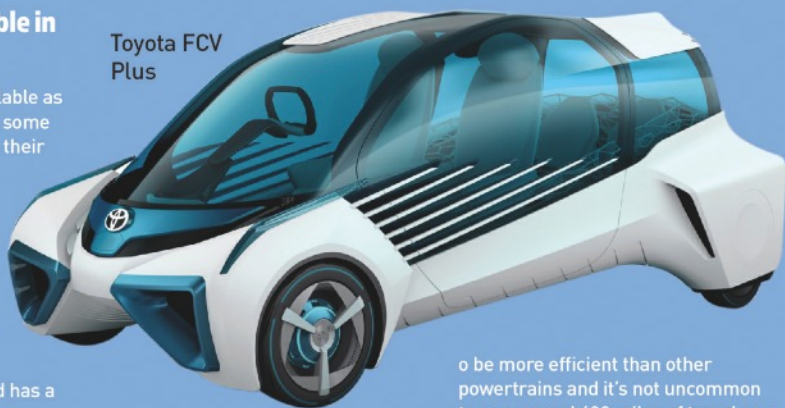
BMW formed a partnership with Toyota based around hydrogen technology and it plans to bring the iX5 Hydrogen to market in some form by 2030.

With a 396bhp powertrain and 524lb ft of torque, it packs significantly more punch than the Toyota and Hyundai.

Toyota FCV Plus

Currently in the concept stages, the FCV Plus operate using a built-in hydrogen tank, it can be hooked up to a larger, external tank - at that

Toyota FCV Plus



point, the car could become a generator for your home or office, supplying power in lieu of (or in complement to) a more traditional grid. If your car is sitting around unused, and your house is already good on power, it can send any excess juice back into the infrastructure for use elsewhere.

Pros of hydrogen cars

One of the biggest benefits of driving a hydrogen car is that it produces zero emissions from the tailpipe apart from water. That means it's a lot more environmentally friendly to drive than a petrol or diesel car. Hydrogen cars are also significantly faster to fill up than electric cars. Hydrogen is the most abundant element on the planet too. Some consider hydrogen cars

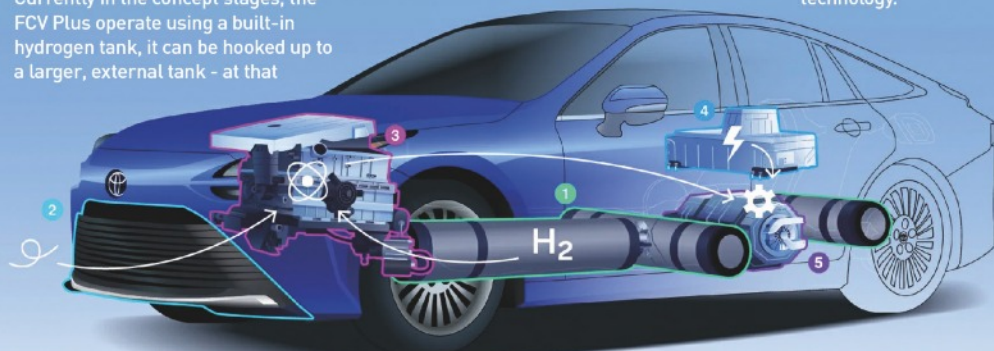
to be more efficient than other powertrains and it's not uncommon to see around 400 miles of travel on a single tank when using hydrogen.

Cons of hydrogen cars

Emissions from the tailpipe might be zero, but there are significant environmental challenges with producing hydrogen on an industrial scale. Producing hydrogen at this level uses a significant amount of fossil fuel. They're also expensive, due to their complexity and the small number of refuelling stations.

The future of hydrogen vehicles

There are simply too few filling stations, and the hydrogen itself isn't yet commercially or environmentally viable to produce en masse. But increased investment from the UK government could see more car makers turn their efforts to this technology.



Hydrogen fuel cell system

- 1 Hydrogen Tanks**
Distribute Hydrogen to the Anode of the Fuel Cell System. Once here, electrons are stripped from the Hydrogen by a platinum catalyst.
- 2 Air Intake**
Supplies Oxygen (air) to the Cathode side of the Fuel Cell System, which later combines with the now positively charged Hydrogen to produce water as a byproduct.
- 3 Fuel Cell System**
Provides the right environment for the Hydrogen to form with the Oxygen to create electricity and water. This then generates the electricity that flows to the Electric Motor.
- 4 Battery**
Supplies extra power and stores energy from regenerative braking.
- 5 Electric Motor**
Powers and turns the wheel.

Small garden decking ideas



DECKING isn't just for large gardens - there are plenty of small garden decking ideas you can play with if you're working with a bite-sized space.

Whether you carve out a corner for a decked seating area or use decking tiles around the garden, there's a lot of room for creativity.

Use decking tiles

Freestanding decking tiles are easy, cost-effective and provide an instant update, and they can be used at key points around the garden.

For example, put one in front of a shed as an elevated area to create a platform and easy access.

Carve out a corner for a floating deck

If you've got a free corner, consider building a floating deck to add height and interest to your garden. A floating deck (bottom left) brings a sense of openness to your garden, making it feel more expansive whilst also creating a stylish, modern feature - the space beneath the deck is perfect for incorporating lighting or even hidden storage.

Create a cosy retreat

Having a small garden can actually work in your favour when creating a cosy retreat with decking (above right). Surrounding the space with a mix of plants in different shapes and sizes helps form a private, tranquil nook - almost like your own little holiday escape.

Go for curved edges

The best small garden decking ideas are those that make the space feel bigger rather than smaller - and the decking edging ideas you choose will make a huge difference. Harsh straight lines and sharp corners can sometimes make a small



garden feel rigid or 'boxy'. Instead, consider incorporating a curved or angled edge into the design of your decking (main pic, above). This can soften the overall layout, creating a natural flow.

Build in seating

Built-in benches provide comfortable seating without taking up additional space for furniture, keeping the area uncluttered.

Add benches with integrated storage compartments to store garden tools, cushions or accessories and keep them protected during colder months. This solution is practical and keeps your decking tidy.





HYKEHAM TURF AND TOPSOIL

WE SUPPLY



AGGREGATES

TURF • TOPSOIL • AGGREGATES • LANDSCAPING SERVICES



Full Landscaping Service

- Turf Laying
- Patios
- Blockpave and Concrete Driveways
- Artificial Lawns
- Fencing
- Decking



Suppliers of:

- Turf
- Topsoil
- Sand
- Gravel
- Limestone Hardcore

**All work
Guaranteed
and full
written
Quotations**

 lincolnturf

Tel: 01522 775 145

visit us online at: www.lincolnturf.co.uk to find out more



TREE SERVICES

We are a family run business with many years experience in tree care. We are safe and reliable specialising in pruning and felling work.

- Tree Felling
- Topping
- Shaping
- Fruit Trees Pruned & Sprayed
- Hedges Trimmed
- All Garden Work Carried Out
- Rubbish Removed

Call Leo
Tel: 01522 718112
Direct: 07473 134974
Email: Lmtreeservices1@outlook.com

FREE ESTIMATES GIVEN
(with no obligation)





14 Days Cooling Off Period



T.J.S. TREE SERVICES LTD
 DOMESTIC • COMMERCIAL • UTILITY
All your tree needs

Hedge & shrub work - from shaping to complete removal

Weed killer spraying • Site clearance
All arisings removed and recycled

City & Guilds, NPTC Qualified, £5 million Public Liability Insurance

For a free no obligation quote or advice, call Tom
01522 805109 • 07774 433679
www.tjstreeservicesltd.co.uk

You treat yourself, we'll treat the lawn



We provide a premium lawn care experience.

We seed them, feed them, even control
the weeds. So, you don't have to.

For a FREE lawn analysis visit
greenthumb.co.uk or contact our local team.

Lincoln branch

Call **01522 797000** Email **lincoln@greenthumb.co.uk**

itv1

Alan Titchmarsh's
GARDENING CLUB

Brought to you by

GreenThumb
LAWN TREATMENT SERVICE

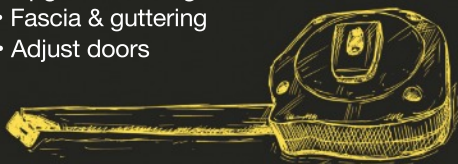
Geography Quiz

- | | |
|--|---|
| 1 Rome | 11 Albany |
| 2 Tanzania | 12 Antarctica |
| 3 Mexico City | 13 Rhode Island |
| 4 Sweden (270,000) | 14 Ukraine |
| 5 An off-licence | 15 Redwood |
| 6 Georgia | 16 True |
| (Hartsfield-Jackson
Atlanta International
Airport) | 17 Superior,
Michigan, Huron,
Erie, and Ontario |
| 7 The Urals | 18 Four |
| 8 Africa | 19 Copenhagen |
| 9 Colorado River | 20 Five |
| 10 Venezuela | |

L M Glass & Glazing Services



- Repair faulty handles, hinges and locks
- Replace broken/misted sealed units
- Upgrade existing sealed units
- Fascia & guttering
- Adjust doors



Fast and friendly service

No call-out charges

Free quotations

25 years industry experience



Call Lee on 07947 303947

Email: lmglassandglazing@yahoo.com



Bradley Security Locksmith Services



- No call out charge.
- Free Estimates
- Replace / repairs to locks.
- Upvc door lock repairs and door adjustment.
- High security locks supplied and fitted.
- 24 Hour call out service.

Just moved home?

**Change your locks to be the only one
to have keys to your property.**

Ian Bradley

Call: 07599 642 944 • 01522 422 058

Email: bradleysecurity@hotmail.co.uk

GUARANTEE THE FUTURE FOR YOUR NEAREST AND DEAREST

Make a Will & Lasting Power Of Attorney

For a free expert consultation
either at home or online
telephone David Dexter FCA

On: 01522 789903

or log into

www.lincolnwills.com

DW
Tree & Landscapes

Please telephone Darren for a
FREE estimate with no
obligation on: 0800 8589060
or direct on: 07940 445174

dwtreeandlandscapes@outlook.com

- Trees felled, topped & pruned
- Turf removed & gravel/bark
put down
- All conifers topped
- Hedges pruned & trimmed
- Fully insured
- All rubbish removed
- Registered waste carrier



JB CABS

AIRPORTS, SEAPORTS

long distance specialists
very competitive prices
book via phone or email

01522 826690

jbcabslincoln@live.co.uk
jbcabslincoln.com



8 SEATER NOW AVAILABLE

WINDOWORX

Remedial to all Windows and Doors

WE REPLACE : Cloudy, Misty Windows and Steamed Up Double Glazed Units.

WE DO : Double Glazing Repairs for all UPVC Windows & Doors.

WE FIX : Faulty Window & Door Locks & Handles.

TEL: 01522 820773

Mob: 07958 003352

Email: kevgregory96@gmail.com
www.windoworxlincoln.co.uk



AUTO ELITE DETAILING

PROTECT | CORRECT | ENHANCE | RESTORE

SERVICES:

- New Car Protection Detail
- Enhancement Detail
- Minor Paint Correction
- Major Paint Correction
- Underbody Restoration & Protection
- Paint Protection Film PPF
- Caliper Painting
- Soft Top Roof Cleaning & Sealing



By Appointment Only: Unit 6 Chestnut Farm, Old Wood North, Skellingthorpe LN6 5UA
www.autoelitedetailing.co.uk • Email: info@autolitedetailing.co.uk • Phone: 07793 775 793

BUILDSCAPE OF LINCOLN Building & Landscaping Services

- Extensions/New builds
- Fencing & Turfing
- Alterations/Renovation's
- Garden Renovation's
- Plaster boarding/Patching
- Tiling
- Hedge Removal
- Decking/Garden Building Bases
- Aspects Of Joinery
- All Aspects of Paving Patio's & Driveways
- Groundworks/Drainage
- Clearance Work

**PLEASE CALL GARY ON:
07891 972 045**



FROM A HOME TO A GARDEN WE CAN COVER ALL YOUR NEEDS

PAUL NEWMAN

**DAMP COURSING TIMBER TREATMENT SPECIALIST
MOULD CONTROL VENTILATION REMEDIAL WORKS**

Mobile: 07415 666 604

paul@pndampproofing.co.uk

Over 25 years experience **Lincolnshire Area**



Cobb & Co Accountants Ltd.

Professional Accountancy Services

Sole Trader Partnership & Limited Company. Accounts. Tax Advice,
Tax Returns, Capital Gains Tax, Payroll, VAT & Book Keeping.

Friendly and reliable service, initial free consultation with no obligation

Michael Cobb FMAAT

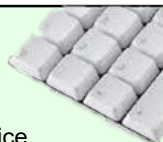
30, Sleaford Road, Bracebridge Heath,
Lincoln LN4 2ND

E: mike@cobbandcoaccountants.co.uk
www.cobbandcoaccountants.co.uk

Tel: 01522 823746

Mob: 07703 595274

Fax: 01522 823943



Your Horoscopes



Aries (March 21 - April 19)

You can look forward to meeting a lot of new people from different cultures who will bring a lot of excitement and a new worldview to your life. As they say, the best things are the unplanned ones, and this period directly encourages spontaneous decisions.



Taurus (April 20 - May 20)

Taureans will regain their confidence in all aspects of life thanks to the influence of the Sun. Therefore, it is a great time to go back to things that you have avoided thinking you are not good enough. You may be very pleasantly surprised this time.



Gemini (May 21 - June 20)

Geminis will try to compensate for their surroundings, the conflicts they have provoked in previous months. Thanks to Venus, it will go like clockwork - it will give you patience, devotion, and selflessness. But don't expect to fix everything with a few sweet words.



Cancer (June 21 - July 22)

The small hints that you have been overlooking will come to the surface and turn into more serious problems and need to be sorted out. However, during this time, these things will make you tired, and you will be reluctant. It is important at least to make any changes step by step.



Leo (July 23 - August 22)

Everything else in this period will step aside, and you will focus only on your family and their happiness. This will make you the perfect partner and parent. If you don't have a family yet, this month is the perfect time to meet and make serious acquaintances.



Virgo (August 23 - September 22)

With your patience, which you will definitely not lack this month, you can do a lot and, in addition, you will gain valuable experience that you can use later at work. But in a relationship, you will struggle with the fear of sincerity, which may boomerang against you later.



Libra (September 23 - October 22)

You will prosper in all aspects of life, thanks to Venus. The ones in a relationship will enjoy their partners' attention, who will feel the need to take care of them and make them happy always. The single ones will enjoy the increased interest of the opposite sex.



Scorpio (October 23 - November 21)

You will feel great in the relationship with your partner. Go with him/her out of the city for the weekend or treat yourself and have an enjoyable and relaxed evening at the spa and relax. Single Scorpions will enjoy going out as they will be lovable, and no one will be able to turn them down.



Sagittarius (November 22 - December 21)

You will be open to new information and experiences. However, it is possible that you will look a bit oversensitive in some situations, which could drive your partner away. The best choice for you is to let your emotions flow freely and watch them carefully and then make a conclusion.



Capricorn (December 22 - January 19)

You will manage to do everything you set as your goal, and nothing will put you off. You will enjoy being the centre of attention of others; you will not care about whether people talk about you nicely or not; you will just want to be the topic of their conversations.



Aquarius (January 20 - February 18)

You will start questioning whether your partner is the right one, and memories of your old love will start popping up, and you will start comparing the two of them. You should try to find an inner balance and switch off for a bit. Going for a walk, fresh air and some exercise will be good for you.



Pisces (February 19 - March 20)

Thanks to your natural charm you will attract other people's attention who will feel safe with you. You also have an amazing ability of compassion, so you will be a support for everyone who will need it. Helping others will satisfy you, and also help you to sort out your thoughts.

ADVERTISE WITH LINCOLN'S PREMIER VALUE FOR MONEY FREE MAGAZINE

Advertising
Rates
From Just
£22pm

NO VAT
Easy
Payment
Options

Two premium monthly Publications - without the premium price!

- ⊙ **REALISE YOUR TRUE BUSINESS POTENTIAL
& STAND OUT FROM YOUR COMPETITION**
- ⊙ **PACKAGES AND PAYMENT PLANS TO SUIT
ALL BUDGETS**
- ⊙ **LOWEST POUND FOR POUND
ADVERTISING RATES IN LINCOLN**



**Hand-delivered through
letterboxes in the following
areas:**

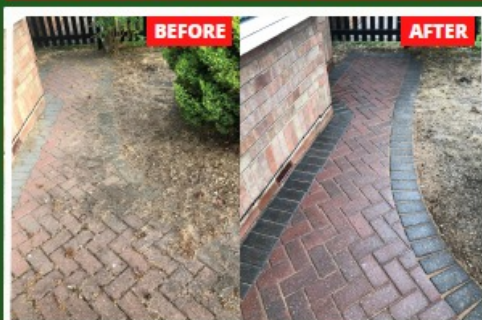
Washingborough - Heighington - Branston
Bailgate Area - North Hykeham - Brant Road
Boultham Park - Scothern
Dunholme - Doddington Park
Birchwood - Saxilby - Sudbrooke
Welton - Skellingthorpe
Waddington - Bracebridge Area

"Inside Lincs Magazine"
T: 07856 376061
E: nigel@insidelincs.co.uk
W: www.insidelincs.co.uk

YOUR LOCAL

EXTERIOR CLEANING SPECIALISTS

DRIVEWAY CLEANING



- 1 **We don't just clean your drive we maintain it!**
Keep that new drive look
Our ongoing maintenance plan means you never have to worry about the weeds and moss again!
- 2 **Quarterly Retreatments**
For a fraction of the cost, keep that drive looking great all year.
- 3 **No pressure washing... EVER!**
Using our unique machine and own brand chemical we clean your drive without all the mess and water consumption of a pressure washer!

THE PROCESS

- 1 **HAND SCRAPE AND MOSS OFF THE ROOF**
During this process we also offer any minor repairs we spot as we go along.
- 2 **COMPLIMENTARY GUTTER CLEARANCE**
We can also fix any broken guttering or clean the soffits, fascias or the gutters.
- 3 **APPLY MARKET LEADING BIOCIDES**
This will slowly clean the roof over the coming weeks and months. We only use label compliant top of the range biocide to get the best results!

LOOK OUT FOR OUR VANS!



ROOF CLEANING



OUR PROMISE
WE DON'T JUST CLEAN YOUR
ROOF WE **MAINTAIN IT**
WE OFFER YEARLY RETREATMENTS WITH OUR OWN BRAND
CHEMICAL TO ENSURE YOUR ROOF STAYS CLEAN



THE BEST YOUR HOME CAN GET

📞 **01522 275200** *call for a free quote*



WE COVER THE
WHOLE OF
LINCOLNSHIRE

✉️ daniel@themossman.co.uk

📷 [@themossmanuk](https://www.instagram.com/themossmanuk)

📘 The Moss Man

HEAD OVER TO
TRUSTPILOT TO SEE
WHAT OUR
CUSTOMERS THINK
OF US!





LINCOLN WINDOWS

DOMESTIC & TRADE



STYLISH | WARM | AFFORDABLE

Make your conservatory cosy - replace the roof & improve your lifestyle

Modern & stylish tiled roof system

Outstanding insulation & interior finish

Retro-fit onto almost any structure



GET IN TOUCH FOR A FREE QUOTATION

01522 500 096 | info@lincolnwindows.co.uk | lincolnwindows.co.uk